

Suggestions Feedback November 2007

Class experience

Adults	More Please! 1 1/2 hr class is not enough, preferably 2 hrs. More training for Gradings Size of Dojo More time spend + attention to movements More regular attendance, more senior grades	Charts/ breakdowns of more complex movements A bit of knife avoidance at the end of every class Too early to tell More people, kagarigeko each class Only limited by space
Albion	More use of swords More fun stuff More moves, action, more techniques	Add techniques, decrease play aspects Individual tasks to be done at home to enable the children to focus on any weak points in their training
Kids	More fun stuff More falling practice	
YMCA	Smaller class sizes would be nice, possibly not realistic Small group (split them in two groups Tire kids out at start, more things to practice at home, less sitting around Some people get distracted and distract others	

Learning Experience

Adults	More learning resources? Additional training info Recommended reading + visual aids Syllabus/ Japanese names hard to remember	More members or attendance DVD or other resource for home practive
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Albion Kids Different stuff
 Share syllabus & parents to help set expectations
 More falling practice
 Go to other facilities and train with more people

YMCA one to one session
 Adults class

Would Recommend and Why

Yes x 9 times (No additional comments)

Adults Very fun and educational Yes if they are interested. Because I like it!
 Excellent training atmosphere Yes, I enjoy my training
 Yes, great training environment Yes, we learn good, correct aikido

Yes x 3 No x 1
 Because its if he wants to go

Albion Kids Yes, because it is a great and small place to train and learn a lot
 Its fun and good for training so yes
 Yes I would because Aikido is a good martial art to know
 Yes because its fun
 Yes because its good fun and healthy
 I would recommend it as the children learn how to focus and the art of aikido

YMCA Yes x 6 Yes, teacher is very good
 Maybe Yes, I think it gives children a lot of values for life
 Yes, because you learn a lot about self defence

Yes if days suit

Yes, for the very good tutor & right number of pupils

Yes, my child enjoyed it, and it is good for concentration, following instructions, fitness

Reason for joining

Adults	Regular Exercise	Personal recommendation
	Self-Defence, fitness	I've done before and wanted to carry on
	Experience & training	Fitness, for long term interest
	Self-Defence + mental training	To improve
	Like Aikido	Personal relationship
	Fitness and philosophy	Practice aikido
	Fitness and knowledge	Learn something new/ exercise/ entertainment
Albion Kids	To be able to self-defend and avoid any dangerous situations that may occur in the future	
	Friends recommendation	
	I get bored on Saturday mornings	
	I want to learn a martial art	
	Self-defence x 2	
	My dad wanted me to join	
	To learn a non combat self defence	
YMCA	Defensive training	
	the desire to train in Martial arts	
	exercise	Health discipline
	For my child to be in touch with his Japanese side	
	Didn't know anything about it, read and I wanted to try it	
	Good development for child	Discipline, strength, self awareness and fun
	Getting fit, good to learn a new skill	
Wanted to learn a martial art	Wanting to learn self-defence, in case I need it	
Aikido; discipline, calm, useful	Exercise for my son	

Safety To learn Marital arts and fun
Interesting for my children & discipline

Reason for continuing

Adults	Fitness, for long term interest	Self reward, achieve goal
	Good atmosphere	Further my understanding of Aikido
	Development	Having fun
	Closest to home	I'm used to training every week, can't do without it.
	Personal development	Learn something new/ exercise/ entertainment
	Fitness and philosophy, enjoyment and wanting to progress enjoyment	
Albion Kids	to continue to improve, good service	
	Defensive training	wanted to learn more
	Good service	because i like it
	to learn	enjoyment and fitness
	Self defence to get better	the class is very enjoyable
YMCA	To learn Marital arts and fun	Safety and enjoyment
	Enjoyable	Want to gain higher level
	Want to get a black belt	Very happy with YMCA teachers
	Discipline, strength, self awareness and fun	Good for child
	Interesting for my children & discipline	I believe my daughter will gain more knowledge
	Because my child enjoyed the class	For my child to be in touch with his Japanese side

More please!

Ping Pong!	Motivational classes
Weapons training	Randori

Adults Length of training
Randori type training Randori competition and practice

Albion I don't know falling practice
Bokkens
Kids How to move from strikes
Games

YMCA Small group
Pushing people over & back flip
All
More of the same

Additional comments/ suggestions

Adults Good luck, all the best
On the website, provide technical reference library! (video clips) to practice at home
A venue in north London
Thank you Marlon

Albion Ther are very few aikido dojos willing to teach kids, so this is a learning process
but very worthwhile undertaking

Kids To visit other facilities and train with them
New stuff/ activities
Really good but more fum stuff
Fun!

I found the class is good, teacher is professional knows how to manage children behaviour
Is this leading somewhere? I don't know (since I don't know aikido) but I wonder

YMCA

Great

Maybe a class nearer home (russel sq)

Please feel free to be more strict with my child

We think Marlon is a true superman! Its been very useful to have Sunai with us -
long may that also continue.